

CIBUS FRESH

SPRING & SUMMER 2026 MENU



Created **fresh for you.**



Breakfast



**Parfaits /
Fruit Cups**



**Grains &
Noodle Bowls**



**Artisan
Salads**



**Artisan
Sandwiches**



**Hand Crafted
Wraps**



**Snack
Boxes**



Desserts



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Breakfast Items



Canadian Bacon, Egg & Cheese Croissant - 6.1 oz

Whole Grain Croissant, Real Canadian Bacon, Egg and Cheddar Cheese



Mega Breakfast Burrito - 13.7 oz

Sausage, Scrambled Eggs, Potatoes, Peppers and Onions & Cheddar Cheese



Sausage, Egg & Swiss on Cinnamon Swirl French Toast - 9.5 oz

Cinnamon Swirl French Toast, Fried Egg, Sausage Patty & Swiss Cheese

Parfait Cups



Strawberry Granola Parfait - 6.6oz

Reduced Fat Strawberry Yogurt with Fresh Strawberries and Granola



Vanilla Yogurt - 7oz

Vanilla Yogurt with blueberries

FRUIT CUPS



Fresh Grapes Cup - 6oz
Whole Fresh Grapes



Fresh Cantaloupe Cup - 6oz
Fresh Cantaloupe



Fresh Mixed Fruit Cup - 6oz
Fresh Seasonal Mixed Fruit -
6oz



Pineapple & Tajin - 6.05oz
Fresh Pineapple with a Tajin
packet

NOODLE BOWLS

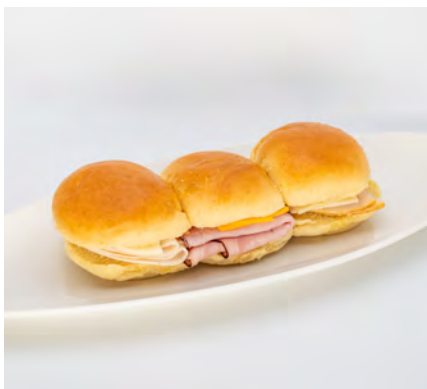


**Asian Noodle Bowl with
Chicken - 11.5oz**
Asian Noodles, Marinated
Chicken, Edamame,
Cucumbers, Scallions & Red
Peppers

SANDWICHES



Ham Dijon Sandwich - 7.5oz
Tavern Ham & Swiss on a Pretzel Hoagie with Jijon Mustard



Trio Slider Sandwich - 8.2oz
Ham & Cheddar, Smoked Turkey & Swiss, Chicken & Provolone on Brioche with Mustard & Mayo



The Italian Sandwich - 8oz
Black Forest Ham, Pepperoni, Provolone, Spinach, Banana Peppers and Italian Dressing



Ham & Turkey Sandwich - 6.95oz
Ham & Turkey with Provolone on 9 Grain Bread



Oven Roasted Turkey on Sprouted Grain Bread - 7.5oz
Oven Roasted Turkey with Lettuce and Tomato on Sprouted Bread



Pb&J Crunch Sandwich - 6.6oz
Peanut Butter, Jelly, and Granola on White Bread



Kickin' Chicken Sandwich - 7.95 oz
Roasted Chicken Breast & Pepper Jack Cheese with Sriracha Mayonnaise on Sourdough



Chicken Salad Croissant - 6oz
Chicken Salad and Leaf Lettuce on a Buttery Croissant



Turkey & Cheddar Sourdough Sandwich - 6.95oz
Oven Browned Turkey and Sharp Cheddar on Sourdough

SANDWICHES



Smoked Turkey & Bacon Croissant - 7.85oz

Croissant, Dietz & Watson Smoked Turkey, Bacon, Cheddar Cheese, Lettuce, Tomato, Helms Mayo



Nutella Berry Crunch Sandwich - 7oz

Nutella, Fresh Strawberries and Granola on 9 Grain Bread



Tuna Salad on Multigrain - 6.4oz
House-Made Tuna Salad with shredded Carrots and Leaf Lettuce on Multigrain Bread



Turkey & Cheddar on Multigrain - 7oz

Deli Turkey, Cheddar Cheese, and Romaine Lettuce on Multigrain Bread- Mustard and Mayo Packets



Chicken Salad on Multigrain- 7.3 oz

Multigrain Bread, Housemade Chicken Salad, Leaf Lettuce



Triple Decker Club Sandwich- 10.25oz

Ham, Turkey, Cheddar Cheese, Bacon, Lettuce & Tomato on White Bread with a Mayo Packet



Chicken Bacon Ranch Sandwich - 8.3oz

Grilled chicken, Cheddar Cheese & Bacon on a Telera Roll with a Ranch Packet



Pretzel Bun Slider Trio - 8.1oz

Turkey & Cheddar, Ham & Swiss, and Turkey & Pepper Jack with Mustard & Mayo packets on King's Hawaiian Pretzel Bun Sliders



Caprese Sandwich - 7.5oz

Roasted Red Peppers, Pesto, Spinach, Fresh Mozzarella & Tomato on Telera Roll

SANDWICHES



Smoked Ham Pretzel Sliders - 8.55oz

Smoked Ham, Pimento Cheese & Pickle Chips on King's Hawaiian Pretzel Slider



Buffalo Chicken Pretzel Slider - 8.5oz

Dietz & Watson Buffalo Chicken, Blue Cheese, Buffalo Mayo on a King's Hawaiian Pretzel Slider



The Club Sub - 8.6oz

Turkey, Ham, Bacon, Swiss, Lettuce, Tomato, & Mayo Packet on a Sub Roll



Monte Cristo - 11.5oz

Ham, Turkey & Swiss with Dijonaise on Cinnamon French Toast



Rosemary Ham Pretzel Sliders - 8.65oz

Dietz & Watson Rosemary Ham, Lacey Swiss & Dijon Aioli on King's Hawaiian Pretzel Slider Buns

WRAPS



Chicken Diablo Wrap - 11.15oz
Grilled Chicken Strips, Black Beans, Corn, Diced Tomato, Pepper Jack Cheese, Chipotle Mayo Wrapped in Roasted Red Pepper Tortilla



Chicken Caesar Wrap - 11.5oz
Grilled Chicken, Romaine Lettuce, Shaved Parmesan and Creamy Caesar in a Garlic Pesto Tortilla



The Club Wrap - 10.41oz
Oven Roasted Turkey, Tavern Ham, Bacon & Cheddar in a Spinach Tortilla



The Veggie Hummus Wrap 10.6oz
Orzo, Quinoa, Roasted Vegetables & Red Pepper Hummus in a Spinach Tortilla



Thai Red Curry Chicken Wrap - 11.4oz
Chicken Strips tossed in Thai Red Curry and Coconut Milk, Napa Cabbage, Carrots, Red Peppers & Thai Basil in a Grilled Red Pepper Tortilla



Turkey & Cheddar BLT Wrap - 8.8oz
Deli Turkey & Cheddar Cheese with Bacon, Tomato & Leaf Lettuce in Wheat Tortilla - Ranch Dressing Packet

SALADS



Chef Salad - 9.2 oz

Salad with Ham, Turkey, Cheddar, Hard Boiled Egg and Tomatoes with Ranch Dressing



Chicken Caesar Salad - 8oz

Grilled Chicken, Romaine Lettuce, Parmesan and Garlic Croutons with Creamy Caesar



Caesar Salad - 6.2 oz

Romaine, Shaved Parmesan & Garlic Croutons with Creamy Caesar dressing



Mozzarella Tomato Salad - 9.5oz

Mozzarella & Tomato with Artesian Greens, Kalamata Olives and a Balsamic Basil Dressing



Garden Salad - 7.75oz

Garden Salad with Tomatoes, Cucumbers, Croutons and Ranch Dressing



Cobb Salad - 9.75oz

Chicken, Bacon, Eggs, Blue Cheese, Tomato & Cucumbers with Dill Ranch Dressing



Southern Fried Chicken Salad - 9.75oz

Breaded Chicken, Cheddar Cheese, Tomato & Cucumbers with Chipotle Ranch Dressing



Southwest Style Chicken Salad - 7.95oz

Chopped Romaine, Black Beans, Corn, Grilled Chicken, Pickled Jalapenos, Pepper Jack Cheese & Southwest Ranch Dressing



Summer Spinach Salad - 8.25

Baby Spinach, Strawberries, Mandarin Oranges, Blue Cheese & Toasted Almonds with a Strawberry Lemon Dressing

SNACKS



Fruit & Cheese Bistro Box - 6.7oz

Ghirardelli Chocolate, Smoked Gouda, Provolone and Colby Jack Cheese with Fresh Grapes, Butter & Wheat Crackers



Pepperoni and Cheese Bistro Box - 4.7oz

Pepperoni, Cheddar & Provolone Cheese with Crackers



Hummus Among Us Snack - 7.4oz

Fresh Cut Celery, Baby Carrots and Pita Chips with Roasted Red Pepper Hummus



Chicken Salad Snacker - 5.9oz

Chicken Salad with Cheese, Boiled Egg and Crackers



Antipasto Snack - 5.4oz

Pepperoni, Salami, Mozzarella Cheese, Olives and Peppers with Mini Toast



Grapes & Cheddar Snack Cup - 6oz

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Hard Boiled Egg Cup 2ct - 3.5oz

2 Hard Boiled Eggs on a Bed of Baby Spinach



Energy Bites - 3.2oz

Honey, Peanut Butter, Oats & Chocolate Chips



Protein Bistro Box - 6.1oz

Grilled Chicken Breast, Pepperoni, Cheddar & Hard Boiled Egg with Parsley Flakes

SNACKS



Veggie & Ranch Bistro Box - 6.3oz

Baby Carrots, Grape Tomatoes and Celery with Ranch Dressing



Better Bites Bistro Box - 7.9oz

Energy Bites, Smoked Gouda Cheese, Grapes & Baby Carrots



Pretzel Bites & Pub Cheese Bistro Box - 6oz

Mercks Sharp Cheddar Pub Cheese, King's Hawaiian Pretzel Bites & Red Grapes



Smokehouse Snack - 4.8oz

Smoked Beef Sausage, Smoked Cheddar and Smoked Almonds with Crackers



Buffalo Style Chicken Salad Bites - 6.6oz

House Made Buffalo Chicken Salad, Red Cabbage and Spinach- Whole Wheat Tortilla



Quinoa, Hummus & Veggie Bites - 7.5oz

Quinoa Hummus Blend, Veggies and Leaf Lettuce - Tomato Basil Tortilla



Chicken Pesto Caprese Bites - 8oz

Pesto Chicken, Fresh Mozzarella. Tomatoes, Spinach - Tomato Basil Tortilla

DESSERTS



Oreo Cheesecake Cup - 7oz

Cheesecake Filling, Oreo Crumbs, and Whipped Cream



Strawberry Cheesecake Cup - 7.5 oz

Cheesecake Filling, Strawberry Pie Filling, Graham Cracker Crumbs and Whipped Cream



Chocolate Oreo Pudding - 7oz

Creamy Chocolate Pudding with Oreo Pieces and Whipped Cream



Caramel Brownie Cheesecake - 6oz

Cheesecake Batter, Brownie Bites, Caramel Sauce, Graham Cracker Crumbs & Whipped Toppings



Banana Cream Pudding - 6.8oz

Banana Cream Pudding with Vanilla Wafers, Whipped Toppings and Graham Cracker Crumble



Chocolate Peanut Butter - 7oz

Rich Chocolate Pudding Topped with Crumbled Reese's Peanut Butter Cups and Whipped Cream

